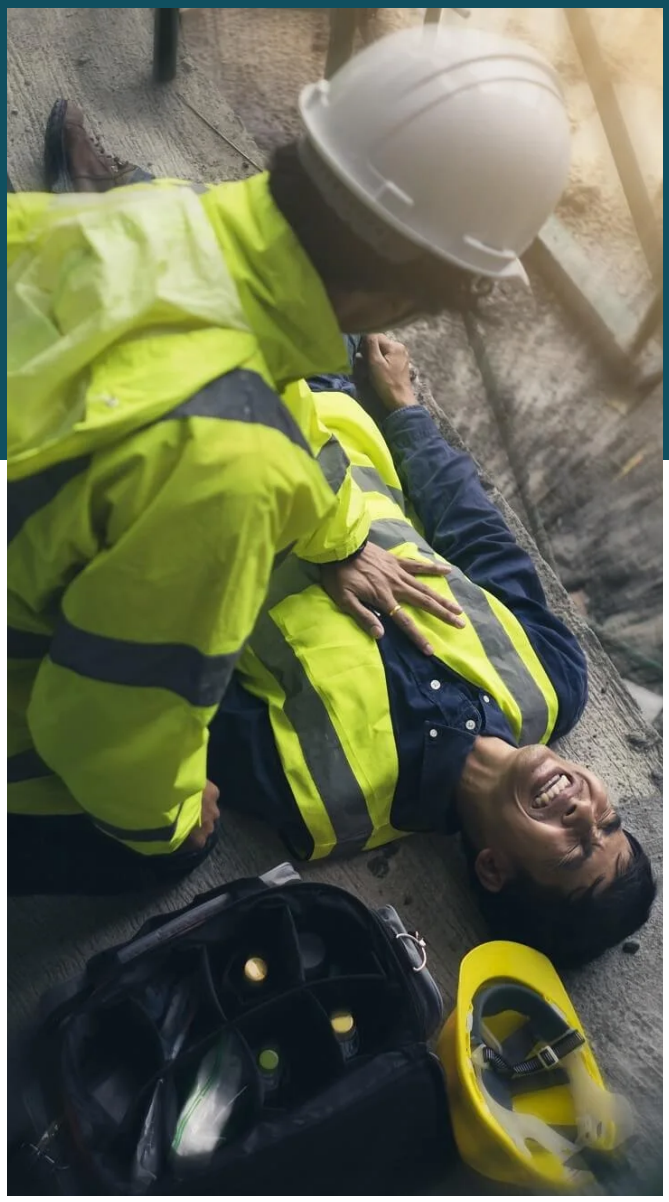
RENEW SAFETY

POWER PRODUCTION - CONSTRUCTION - INDUSTRIAL

First Aid / CPR / AED

Participants learn how to respond to medical emergencies, perform CPR, and use an Automated External Defibrillator (AED) to provide life-saving assistance until professional medical help arrives.







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OUR COURSE OVERVIEW

This instructor-led training focuses on preparing participants to respond effectively to workplace medical emergencies using first aid, CPR, and AED procedures.

The course explains emergency response steps, patient assessment techniques, and life-saving procedures used when a person experiences sudden illness or injury. Participants learn how to recognize life-threatening conditions, perform CPR, use an AED, and provide immediate care until emergency services arrive.

Emergency response training is most effective when workers understand how to act quickly and confidently during critical situations. This course prepares participants to respond effectively while supporting OSHA and workplace safety program requirements.

Our programs are designed for organizations that require reliable emergency response training for their teams. Whether preparing new employees for workplace safety requirements or strengthening the skills of designated responders.

By combining medical response knowledge with real-world workplace scenarios, this training helps organizations improve emergency preparedness, reduce injury severity, and protect workers during unexpected incidents.



KEY LEARNING OBJECTIVES

What You Will Learn

- Assess emergency scenes and injured victims safely
- Perform adult CPR using proper chest compressions and rescue breaths
- Use an Automated External Defibrillator (AED) correctly
- Provide basic first aid for common injuries and workplace emergencies
- Recognize life-threatening conditions such as cardiac arrest or choking
- Control severe bleeding and manage shock
- Apply infection control and universal precaution practices

Collectively, these learning objectives are helpful for participants to be able to build the knowledge and confidence needed to respond effectively during workplace medical emergencies. By understanding emergency response procedures, workers and supervisors will be better prepared to assist injured individuals until professional medical help arrives.





Emergency Response in Workplace Environments

Participants learn how different workplace environments such as construction sites, industrial facilities, and remote work locations can affect emergency response procedures. The course explains how responders assess situations quickly and determine the appropriate actions needed to provide immediate care.

CPR and AED Response Awareness

This course explains how sudden cardiac arrest occurs and teaches participants how to perform CPR and operate an AED safely. Workers learn how early CPR and rapid defibrillation significantly increase survival chances during cardiac emergencies.

COURSE DETAILS

Prerequisites

No prior medical training is required before attending this course. Because the training includes hands-on practice with CPR and AED procedures, participants should be comfortable performing physical response actions during simulated emergency scenarios.

Certification

Participants receive a certificate of completion after successfully meeting course requirements. Certification follows current guidelines from recognized organizations such as the American Heart Association or American Red Cross and must be renewed periodically to maintain validity.

Compliance

This course aligns with OSHA workplace first aid requirements under 29 CFR 1910.151 and 29 CFR 1926.50 and supports workplace CPR/AED program recommendations. It also satisfies USACE EM 385-1-1 safety requirements for first aid and CPR certification on construction and government contract projects.

Target Audience

This course is intended for workers, supervisors, safety personnel, and designated emergency responders who may be required to provide first aid or CPR during workplace incidents.



Course Code:	**EMR-MED-101**
Format:	**Instructor-Led Training**
Duration:	**~8 hrs**

WHY TAKE THIS COURSE?

The Importance of First Aid and CPR Training

- Immediate medical response can significantly reduce injury severity during workplace incidents
- Early CPR and AED use can save lives during cardiac emergencies and can act crucial in some situations
- Proper first aid response helps stabilize injured workers and prevent conditions from worsening until emergency medical services arrive.

Organizations that train employees in first aid and CPR are better prepared to respond quickly during medical emergencies. Immediate response can prevent minor injuries from becoming serious and help protect workers until professional medical assistance arrives.

Preparing Teams for Emergency Response

A structured emergency response program helps workers and supervisors understand how to react when medical emergencies occur. Training improves awareness of potential hazards and teaches workers how to assist injured individuals while maintaining scene safety.

By preparing workers before incidents occur, organizations improve response time and ensure that injured employees receive immediate care when emergencies arise.

Supporting Safety Compliance

First aid and CPR training also supports compliance with workplace safety regulations. Employers must ensure that trained responders are available in environments where immediate medical services may not be accessible.



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Contact us to learn more about
course availability, group training,
and customized fall rescue instruction.

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