



RENEW SAFETY
POWER PRODUCTION - CONSTRUCTION - INDUSTRIAL

Fall Protection Awareness

Participants learn how to recognize fall hazards, understand regulatory requirements, and apply proper fall protection practices to reduce the risk of falls in construction and other work environments.



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OUR COURSE OVERVIEW

This instructor-led training introduces workers to fall hazards in construction and explains when fall protection is required and the systems used to prevent falls.

Participants learn how to recognize common fall hazards such as unprotected edges, elevated work areas, scaffolding, and ladders. The course helps workers understand when fall protection is necessary and how these hazards can be controlled through proper safety practices.

The training also explains the different types of fall protection systems used on job sites, including guard rails, safety nets, and personal fall arrest systems. Workers learn how these systems function and when each type should be used to maintain a safer work environment.

Workers are introduced to the basic inspection and maintenance practices for fall protection equipment. Understanding equipment limitations and proper use helps ensure that safety systems perform as intended during real work conditions.

Through regulatory guidance and practical awareness training, participants gain the knowledge needed to identify fall risks early and follow safer work practices, helping organizations reduce incidents and improve overall job site safety.



KEY LEARNING OBJECTIVES

What You Will Learn

- Identify common fall hazards and situations requiring fall protection.
- Understand when fall protection is mandatory under OSHA and EM 385-1-1.
- Recognize different fall protection systems and how they are used.
- Understand inspection and maintenance requirements for fall protection equipment.
- Learn the limitations of fall protection systems and safe work practices.
- Understand the worker rights and employer responsibilities related to fall protection.
- Apply awareness-level knowledge to help prevent fall incidents on job sites.

Together, these learning objectives help participants understand the risks associated with working at height and the measures used to prevent falls. Workers who understand fall hazards and protection systems are better prepared to recognize unsafe conditions.



Fall Hazards in Real Work Environments

Participants learn how common construction environments—such as rooftops, elevated platforms, scaffolding, ladders, and structural work areas—create fall hazards that require proper safety controls and protection systems.

Understanding Fall Protection Systems

The course explains how fall protection systems such as guardrails, personal fall arrest systems, and safety nets help reduce the risk of falls. Participants learn when these systems are required and how they support safer work practices on construction projects.

COURSE DETAILS

Prerequisites

No prior training is required. This course is appropriate for workers who are new to the construction environment as well as those seeking refresher training on fall protection hazards and basic safety practices.

Certification

Participants who complete the course receive a Certificate of Completion documenting fall protection awareness training in accordance with OSHA 1926.503 and EM 385-1-1 requirements, valid for 1-2 years, with refresher training recommended when hazards change.

Compliance

This course aligns with OSHA 29 CFR 1926 Subpart M and EM 385-1-1 Section 21 for fall protection. These standards require protection for workers exposed to heights of six feet or more and ensure employees receive training on fall hazards, protection systems, and safe work practices.

Target Audience

This course is intended for construction workers, laborers, supervisors, and site personnel who may be exposed to fall hazards on job sites governed by OSHA construction standards or USACE projects.



Course Code:

FALL-AWARE-101

Format:

Instructor-Led Training

Duration:

~2-4 hours

WHY TAKE THIS COURSE?

The Importance of Fall Protection Awareness

- Falls remain a leading cause of fatalities and serious injuries in the construction industry.
- Workers who understand confined space hazards and safety procedures are better prepared to prevent accidents.
- Proper training helps ensure workers follow safe entry procedures and emergency response protocols.

Fall protection awareness training helps workers recognize fall hazards and understand the safety systems used to prevent accidents. By learning when fall protection is required and how safety procedures are applied, workers can reduce risks and support safer work environments on construction sites.

Preparing Workers to Recognize Fall Hazards

This course helps workers identify common fall hazards and understand when fall protection systems must be used. Participants learn how to recognize unsafe conditions and apply safer work practices when working at height.

Training improves awareness by ensuring workers understand fall protection requirements, hazard recognition, and the safety procedures used to reduce fall risks.

Supporting Safety Compliance

Fall protection awareness training helps organizations meet OSHA and EM 385-1-1 safety requirements. Employers must ensure workers exposed to fall hazards receive proper training and understand how fall protection systems and safety procedures are used on job sites.





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Contact us to learn more about course availability, group training, and customized fall rescue instruction.

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