



## Fall Protection Awareness Course Overview

This comprehensive awareness-level training introduces participants to fall hazards in construction and related work environments. It covers the core requirements of OSHA 1926 Subpart M (Fall Protection for Construction) and EM 385-1-1 (Safety and Health Requirements Manual), emphasizing hazard recognition, prevention strategies, and proper use of fall protection systems to reduce the risk of falls—one of the leading causes of fatalities and injuries in construction.

### Key Learning Objectives

- Identify common fall hazards and situations requiring fall protection under OSHA and EM 385-1-1.
- Understand when fall protection is mandatory (e.g., at 6 feet or more in construction per both standards).
- Recognize types of fall protection systems and their proper selection/use.
- Describe inspection, maintenance, and limitations of fall protection equipment.
- Explain employer responsibilities, worker rights, and basic rescue considerations.
- Apply awareness-level knowledge to promote safer work practices.

### Course Details

**Course Code:** FALL-AWARE-101

**Prerequisites:** None. This is an entry-level awareness course suitable for workers new to construction or those needing refresher training.



**Format:** Instructor-Led Training

**Duration:** Typically, 2-4 hours. This allows time for lectures, discussions, videos, and basic demonstrations without hands-on equipment competency certification.

**Certification:** Participants who successfully complete the course (including any quiz or assessment) receive a Certificate of Completion documenting training in Fall Protection Awareness per OSHA 1926.503 (training requirements) and EM 385-1-1 Section 21 (fall protection program elements). Certification is valid for 2-3 years or as required by employer/site-specific policies; refresher training is recommended when hazards change or competency lapses.

**Target Audience:** Construction workers, laborers, supervisors, site personnel, and anyone exposed to fall risks on job sites governed by OSHA construction standards or USACE projects (including contractors on federal/military sites).

**Compliance:** This course aligns with:

- OSHA 29 CFR 1926 Subpart M — Fall Protection (e.g., duty to provide protection at 6 ft+, systems criteria in 1926.502, training in 1926.503).
- EM 385-1-1 (USACE Safety and Health Requirements) - Section 21 Fall Protection (e.g., 6 ft threshold for most work, fall protection program requirements, guardrails/PFAS/safety nets, training elements including practical demonstrations where applicable for awareness).

It supports employer obligations to train workers who may be exposed to fall hazards, verify compliance via records, and implement site-specific fall protection plans.



## Why Take This Course?

Falls remain the leading cause of death in the construction industry, accounting for a significant portion of fatalities and preventable tragedies. According to the latest Bureau of Labor Statistics (BLS) data referenced by OSHA, in 2023 there were 421 fatal falls to a lower level out of 1,075 total construction fatalities, meaning falls represented about 39% of construction deaths. These incidents are overwhelmingly preventable through proper hazard recognition, equipment use, and training.

This Fall Protection Awareness training directly addresses this critical risk by equipping participants with the knowledge to identify hazards early, understand mandatory protections (such as at heights of 6 feet or more per both OSHA 1926 Subpart M and EM 385-1-1), and apply best practices to avoid falls.

Fall protection violations (including training deficiencies under 1926.503) consistently top OSHA's most-cited list—for the 15th consecutive year in FY 2025, with thousands of citations issued annually (e.g., over 5,900 for general requirements and nearly 1,900 for training in recent data). Non-compliance can result in hefty fines, work stoppages, or project delays.

\*For group rates or customized training, contact us at [info@renewsafety.com](mailto:info@renewsafety.com)